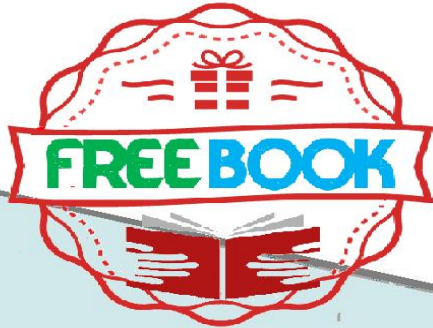




of the people, heal the patient, there is no cure except you, O God

O GOD, O LORD

OF THE PEOPLE,
HEAL THE PATIENT,
THERE IS NO
CURE EXCEPT
YOU, O GOD



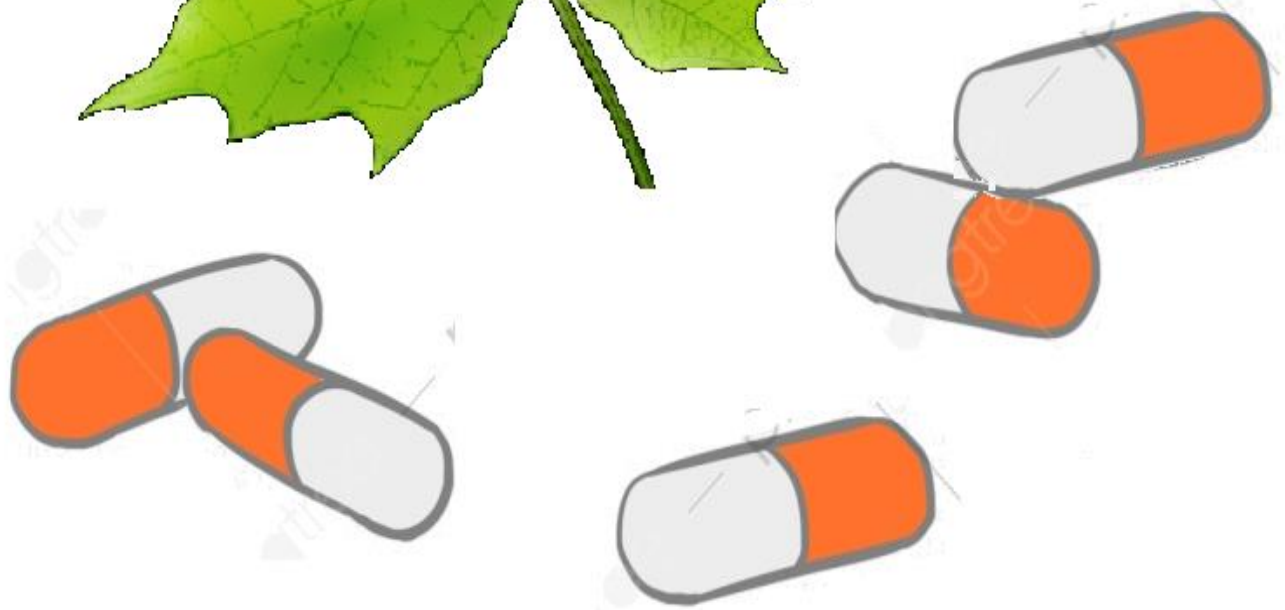
DECODE CORONA

AND HEALING CRYSTALS

**THE FIRST BOOK ABOUT
TREATING CORONA AT HOME**

WRITTEN BY
ibn abbas

**All
About
Coronavirus**



***corona study
ibn abbas***

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Pen Names

By Ibn abbas

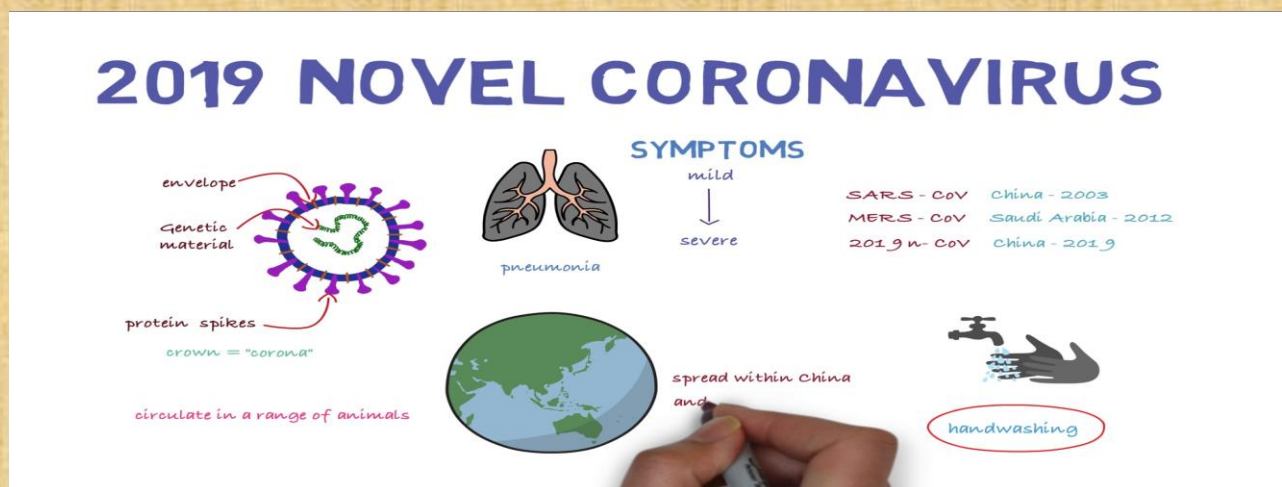
Corona was killed in a short period of herbs and medicine

Advertise to people

God did not raise the disease, but God sends medicine if an illness came.

He knew the disease, Corona, and knew the medicine, which is "five methods of treatment: psychological treatment - herbs - medicine - nutrition - sports exercises dedicated to Corona patient" and I send you the news and good news and the available treatment.

Let you rest assured that God is with you and that God will reward you for your patience with illness and give you good tidings of medicine.



INTRODUCTION:

All praise is due to Allah; and blessings and peace be upon His messenger and servant, Muhammad,(ﷺ) and upon his family and companions and whoever follows his guidance until the Day of Resurrection.

It is clear that there is a need to present the meanings of the Qur'an in the English language, so that it is accurate enough because it contains great meanings and great Qur'anic miracles, including for example disease and medicine, the subject of our book today, and to be a reference for all people, so that they know that the Qur'an is the word of God.

Our approach in this book is to present:

Three main objectives served as guidelines for the work:

- 1.To present correct meanings, as far as possible, in accordance with the aqeedah of Ahl as-Sunnah wal-Jama'ah**
- 2.To simplify and clarify the language for the benefit of all readers**
- 3. As brief as possible, and honestly, in transmitting information accurately from specialists scientifically**

The Holy Quran

scholars have defined the Quran as "the words of Allah revealed to Muáammad (ﷺ), the recitation of which is a form of worship.

This definition can be applied to no other book or speech. Reading and recitation of the Quran is an important form of worship for which a Muslim can expect reward and benefit in the Hereafter. There was a definite purpose behind the strong encouragement given by the Prophet (ﷺ) in several authentic "hadhis: The words of Muhammad, the Messenger of Allah" for recitation of the Quran.

That purpose is clearly stated in the Quran itself

Surah Ali 'Imran [145] - Al-Qur'an al-Kareem

قَالَ تَعَالَى: ﴿وَمَا كَانَتْ لِنَفْسٍ أَنْ تَمُوتَ إِلَّا بِإِذْنِ اللَّهِ كَتَبْنَا مُؤَجَّلَاتُهَا وَمَنْ يُرِدْ ثَوَابَ الدُّنْيَا نُؤْتِهِ

مِنْهَا وَمَنْ يُرِدْ ثَوَابَ الْآخِرَةِ نُؤْتِهِ مِنْهَا وَسَنَجْزِي الشَّاكِرِينَ ﴿١٤٥﴾ آل عمران: ١٤٥

145. And no person can ever die except by Allah' s Leave and at an appointed term. And whoever desires a reward in (this) world, We shall give him of it; and whoever desires a reward in the Hereafter, We shall give him thereof. And We shall reward the grateful.

Chapter one

**Man's disease is a test for him,
and if he endures patiently, he will enter Paradise**

Definition of the disease:

In the ancient definition of disease and health, Muslim scholars said the following:

The Qurtubian scholar, peace be upon him, said: "Sickness is all that a person has gone out of health, from hypocrisy or hypocrisy.

Ibn Abbas al-masry, says: "The disease is the failure of any member of a living organism to be in the correct state that Allah created it and from which it issues its actions and sound sayings that are worthy of it.

And the disease is the departure of a person from his normal state in another harmful condition that requires him to correct this situation quickly, otherwise he will suffer a great harm.

Types of the disease:

1- Diseases in the body: damage to the body, such as corona and influenza, and the damage may increase if the person does not bear it to psychological harm with the physical

2- Psychological diseases: It affects the human psyche such as depression and frustration, and if it is not tolerated by the person, it afflicts diseases in his body and is treated with rest and taking trips in nature, raising the morale with optimism and non-pessimism, And psychological treatment with medication, herbs and others.

The importance of the disease

*** A disease that teaches us patience and its reward is Paradise**

*** Elimination of evil in man, such as: arrogance, vanity, etc.**

*** A person understands that God gave him the gift of health and was not aware of it**

*** He learns to thank God for the gift of health and for other Godsend, whose importance he does not know**

And disease has great benefits and is:

1 - It repairs the human soul, because a person feels that he is close to allah and tries to reform himself and eliminate evil in it so that Allah may be pleased with him

2- He has a great reward from allah if he has patience for illness

4- Illness brings a person closer to allah because he is close to a meeting and thinks a lot about him, and this brings him many changes that bring him happiness in the world because it will be good and not bad changes if he is patient

5- Illness causes a person to care about his health, because he did not care about it, because the night shows the benefit of the day

But a person does not give in to disease and must take reasons and seek treatment:

There is an Islamic and other Christian story that shows how a person should seek treatment and not approach a place where there is a virus or epidemic because Allah commanded us to do so and the two stories are

The first story:

Omar ibn al-Khattab went out to the Levant even if he was "in a region called" Serge

Abu Ubaidah ibn al-Jarrah and his companions met him, and they told him that the virus had occurred in the Levant

So he consulted his companions and told them that the virus occurred in the Levant (Iraq, Syria, and Jordan) and he said

Some of them do not return and some of them said do not enter this virus.

Abu Ubaidah ibn al-Jarrah said, He evaded allah destiny, and Omar said, "Yes, we turn away from allah destiny into allah destiny

This is like camels were in a place and this place has two areas, one is full of planting and the other is not planted in it

If we parish her in the area where the transplantation was, Allah is.

Then Abd al-Rahman bin Auf came and was somewhere else and said, I heard Muhammad, the Messenger of allah

He said: If you have heard of it on land, do not come against it, and if it falls on the land while you are on it, do not go out to escape it

He thanked allah Umar ibn Al-Khattab and then left the country where the virus was present and returned

Another story teaches us to seek treatment and take the causes of any problem, and then we pray to Allah after taking the reasons to help us

The second story:

Satan came to Jesus and said to him: You say that he does not befall you except what allah has written for you.

He said: Yes

He said: Throw over the mountain, because if you are safe, it will be safe.

And Jesus said: Oh cursed, allah is testing people and it is not for people to test allah

Chapter II

Corona treatment

Islam is based on the issue of treatment, medication, and health protection in general, in terms of Preserving the soul, body, mind and intellect is one of the basic necessities in Islam

قَالَ تَعَالَى: ﴿وَأَنْفِقُوا فِي سَبِيلِ اللَّهِ وَلَا تُلْقُوا بِأَيْدِيكُمْ إِلَى التَّهْلُكَةِ وَأَحْسِنُوا إِنَّ اللَّهَ يُحِبُّ الْمُحْسِنِينَ﴾
البقرة : ١٩٥

(195) And do not kill yourselves and save your life from any harm. And spend in the Cause of Allâh and do not throw yourselves into destruction, and do good.

By making financial assistance to people, even with less money, such as a quarter of a dollar, or good speech assistance with people if you do not have enough money to help people

Truly, Allah loves a man who helps people

(ibn abbas "al-masrey")

(195) And spend in the way of Allah and do not throw [yourselves] with your [own] hands into destruction [by refraining]. And do good; indeed, Allah loves the doers of good.

allah tells us in the Holy Quran:

قَالَ تَعَالَى: ﴿يَا أَيُّهَا الَّذِينَ ءَامَنُوا لَا تَأْكُلُوا أَمْوَالَكُمْ بَيْنَكُمْ بِالْبَاطِلِ إِلَّا أَنْ تَكُونَ
تِجَارَةً عَنْ تَرَاضٍ مِّنْكُمْ وَلَا تَقْتُلُوا أَنْفُسَكُمْ إِنَّ اللَّهَ كَانَ بِكُمْ
رَحِيمًا ۝﴾ النساء : ٢٩

(29) O you who have believed, do not consume one another's wealth unjustly

[179] but only [in lawful] business by mutual consent. And do not kill yourselves [or one another]. Indeed, Allāh is to you ever Merciful.

[179]- i.e., unlawfully or under false pretense.

29. O you who believe! Eat not up your property among yourselves unjustly except it be a trade amongst you, by mutual consent. And do not kill yourselves (nor kill one another). Surely, Allah is Most Merciful to you.

(V.4:29) What is said about committing suicide. Narrated Thabit bin Ad-Dahhak رضي الله عنه: The Prophet (ﷺ) said, "Whoever intentionally swears falsely by a religion other than Islām, then he is what he had said, (e.g. if he says, 'If such thing is not true then I am a Jew, 'he is really a Jew if he is a liar). And whoever commits suicide with a piece of iron, will be punished with the same piece of iron in the Hell-fire." Narrated Jundub: The Prophet(ﷺ) said, "A man was inflicted

with wounds and he committed suicide, and so Allah said: My slave has caused death on himself hurriedly, so I forbid Paradise for him." (Sahih Al-Bukhari, Vol. 2, Hadîth No.445). Narrated Abu Hurairah رضي الله عنه : The Prophet (ﷺ) said, "He who commits suicide by throttling shall keep on throttling himself in the Hell-fire, and he who commits suicide by stabbing himself shall keep on stabbing himself in the Hell-fire." (Sahih Al-Bukhari, Vol.2, Hadith No.446)

The Prophet Muhammad (ﷺ) commanded treatment for illnesses and commanded people to preach to the patient the hope of a cure as a psychological treatment and he commanded that we protect ourselves with the word of Allah because Satan does not approach a servant who mentioned the word of Allah.

These words are:

1- To say in the morning, which is the beginning of the day, and in the evening, which is the beginning of the night, to say three times:

In the name of Allah, whose name does not harm anything on earth or in heaven, and He is the All-Knowing

A who came down to a house said: I seek refuge in the perfect words of allah from the evil of what He created.

2- To help the poor with some money, even a small amount, a quarter of a dollar, a cent, or a good word when I meet people

This has reward for allah and helps in healing disease because allah is the Healer

Finally, it is noteworthy that the drug written in the book is for real patients who have been treated and cured with it.

Also, methods of protection from Corona disease are explained, and the treatment in the book consists of five methods.

First: Definition of Corona virus:

It affects the immune system and is closely associated with it, and affects the elderly and children, because of weak immunity-

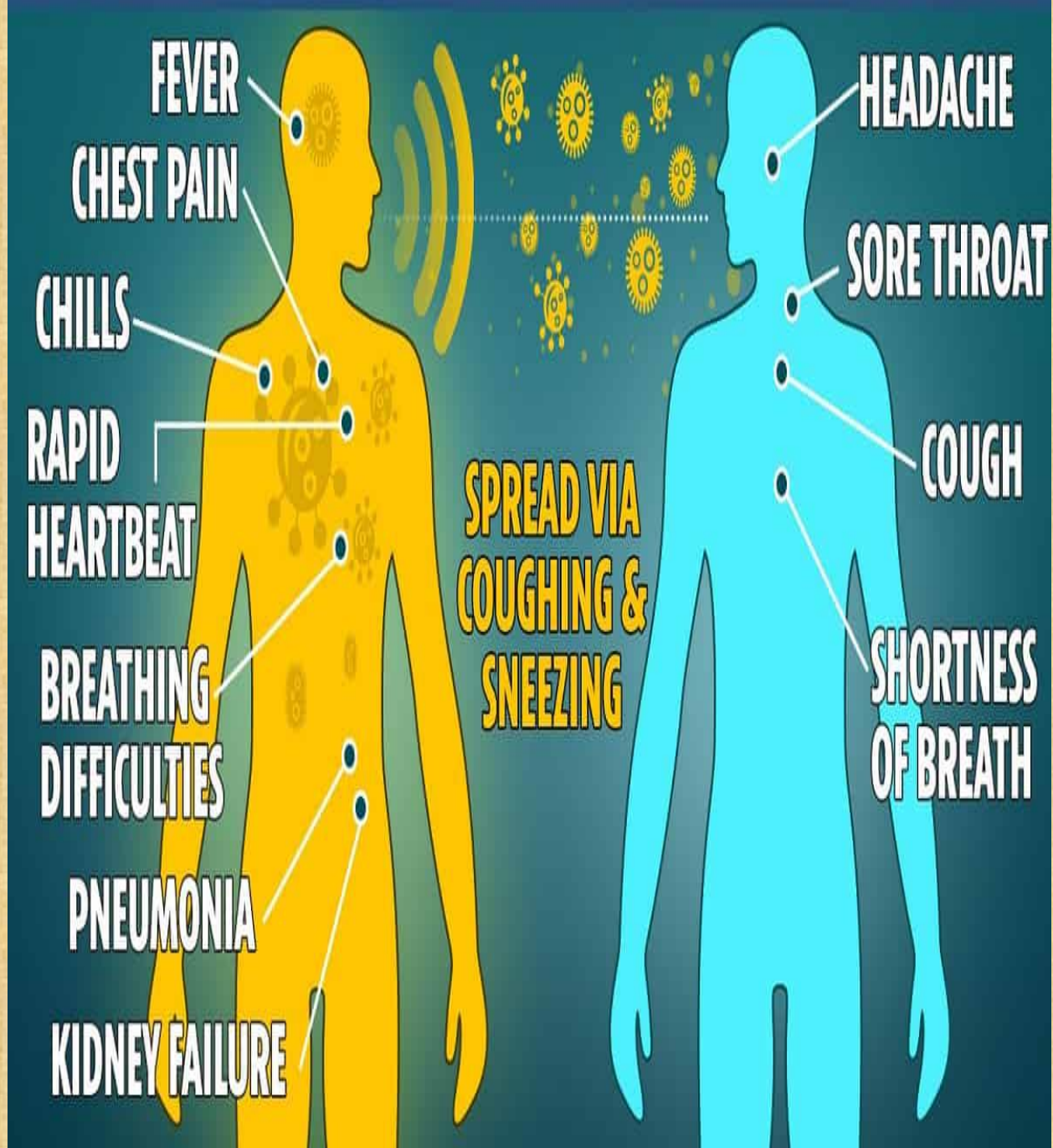
And when the air temperature is 25degrees - the virus dies at 56degrees Celsius



Picture disease symptoms

CHINA CORONAVIRUS

The symptoms of 2019-nCoV and how it spreads



Second: Corona's symptoms:

Symptoms appear about four days after infection, and may appear sporadic, and some appear on the patient once, and symptoms persist for ten days or seventeen days, and that the patient can carry them can be cured, Allah willing, and the symptoms are as follows:

High temperature for the whole body (39-39.5) with severe headache with the head - difficulties in moving the body - pain in the bladder - intestinal upset - and feeling vomiting difficulty breathing and pain in the lungs - Dry mouth and throat - rhinitis - kidney pain

Inflammation of the vocal cords - ringing in the ear, severe back and shoulder pain - severe cough High blood pressure that affects the eye and cannot open it - inflammation of the lymph nodes

CORONAVIRUS: THE FACTS

1 Virus enters through the nose and mouth

2 It then finds a 'host cell' in the respiratory system

3 The host cell then bursts and infects other cells nearby

SYMPTOMS



Dry cough



High temperature



Shortness of breath

Protect yourself by washing your hands for 20 seconds, using a tissue to catch coughs and sneezes and avoid touching your face

HOW IT SPREADS

The virus is transmitted between humans in droplets from coughing and sneezing and touching or shaking hands.

HOW IT CAN KILL

Most victims of the virus die from complications including pneumonia and swelling in the lungs.

The virus also causes swelling in the respiratory system, which can make it hard for the lungs to pass oxygen into the bloodstream — leading to organ failure and death.

Severe pneumonia can kill people by causing them to 'drown' in the fluid flooding their lungs.

Bacterial or viral sore throat

**Taking an antibiotic does not help treat viral sore throats,
and ways to reduce sore throats are:**

**Drink plenty of fluids a day: especially lemon, honey, anise,
and chamomile.**

Salt water gargling: Helps relieve sore throats dramatically.

Get rest

**Eliminate stuffy nose: It impedes breathing from the nose, by
inhaling hot water steam with salt**

Third: Corona treatment: psychotherapy - herbal treatment - nutrition and medication treatment:

Corona incubation period: From one week to twenty days, and if the patient spends ten days hoping to recover

1- Psychotherapy: improving the psychological state (informing the patient of the desire for life and the hope of his recovery)

2- Treatment with herbs and fluids: Cinnamon (bacterial and bacterial treatment) - white honey, lemon - dates - cloves - bitter roe (treats coughs, asthma, kidneys, and stomach) - mint with tea and warm water.

Treatment with food, vegetables and Herbals: The most important need for treatment is to strengthen the immune system with nutrition, vitamins and nutrition, such as:

Salad with food, proteins, onions, garlic, nuts, sunflower seed, eating vegetables and fruits and avoiding hunger, avoiding stimulants, soft drinks, food spices, smoking and alcohol.

Note: Corona virus dies at a high temperature in the body as we mentioned earlier,

Corona cannot infect a person who drinks ginger, thyme and tea until the body remains hot, and Corona cannot infect a person's body.

A person must strengthen the immune system in the decisive way, so that he faces intense corona, by drinking plenty of water and sleeping well for eight hours a day, and to take vitamin C (oranges, lemons, celery, broccoli and spinach)

Medication treatment::

Eight types of medicine, the most important of which are "chloroquine or plaquenit ":

Corona treatment has been discovered in China, and approved by the President of America to treat corona, and this treatment is called chloroquine (plaquenit) and is produced in two medicinal forms "chloroquine or plaquenit " and are used to treat malaria, rheumatoid, immune diseases and arthritis, which is one of the most important treatment for corona, and this treatment has been treated Muhammad Abu Namous, in China

As for the treatment of high fever, it is a treatment called paracetamol, which French Health Minister "OLIVIER FERRAND" referred to on Twitter with a warning against taking anti-inflammatory medications such as (ibuprofen and cortisone) because they may be among the factors that increase the infection. You should take paracetamol as an antipyretic treatment

Coronavirus Treatment

In September 2012, a [novel coronavirus](#) (NCoV) was discovered in the Middle East in a 49 year-old Qatari man with travel history to Saudi Arabia prior to onset of illness. From April 2012 to February 2013, a total of 13 people from Jordan, Saudi Arabia, Qatar, and the United Kingdom were confirmed to have an infection caused by the novel coronavirus, and 7 of the infected have died. There are no specific treatment for illnesses caused by the novel coronavirus. Medical care is supportive and to help relieve symptoms.

Before this [novel coronavirus 2012](#), the [human coronaviruses](#) (HCoV) OC43 and 229E are common causes of upper respiratory tract infections. Severe diseases were rare, however, until the emergence of the severe acute respiratory syndrome ([SARS](#))-CoV in 2003. Since then, other novel CoV (NL63 and HKU1) have been described, and they have caused respiratory infections worldwide.

Generally, the viral loads of SARS-CoV collected at different anatomical sites correlate with the severity of symptoms and mortality. Shedding of SARS-CoV peaks at day 10 after the onset of symptoms, which theoretically allows ample time for antiviral treatment. The disease is characterized by uncontrolled replication of the virus and a prominent pro-inflammatory response. No randomized controlled trials with a specific anti-coronavirus agent have been conducted with respect to coronavirus treatment or prophylaxis. Reports using historical matched controls have suggested that treatment with interferon alfacon-1 (a synthetic interferon) combined with steroid, protease inhibitors together with ribavirin, or convalescent plasma containing neutralizing

antibody, could be useful for the [coronavirus symptoms](#) of ease. Prophylaxis with [interferon](#) or hyperimmune globulin may be considered for unprotected exposure. The role of immunomodulators to decrease excessive inflammation remains elusive. Other non-SARS-CoV infections are generally milder in immunocompetent hosts, and scientific data on antiviral treatment of these coronaviruses are scarce(1)

Cloves kills corona: because it treats most of the symptoms of corona, as follows:

Cloves contain many important vitamins and minerals for health such as vitamin K, C and A, iron, magnesium, phosphorous, sodium, calcium, potassium and manganese. Among the most important benefits of cloves include:

Fighting infections and strengthening immunity - treating many arthritis and rheumatism and treating infectious eye infections, but it is not recommended to use it on the eye without consulting a doctor. Cold, flu, cough, colds, asthma, trachea infections, sinusitis, etc.

The way to use cloves is as follows:



Get 1 tablespoon of whole cloves, then crush them until they become small.

Place the cloves after they are soft in a cup of boiling water and leave for 20 to 30 minutes.

If you want to change the taste of cloves, you can add ginger or cinnamon to the cloves

Home remedy for high temperature:

- **Apply cold-wet compresses to the patient's head**
- **Take a shower with natural water, or put it in a pool with plain water and you should not use cold water**
- **giving the patient plenty of fluids,**
- **Reducing patient's clothes and covers.**
- **Keep the house temperature down.**
- **Eating garlic as a preventative method and garlic eliminates germs and fungi and treats high temperatures.**
- **Painting the patient's body with apple cider vinegar to reduce heat**

- **Healthy sleep for eight hours is preferable from ten in the evening until six in the morning**
- **Light sport**
- **Attention is the cleanliness of the body, clothes and location**

Summary

First: disease prevention:

1- Health Protection:

a. Knowing the symptoms of corona's disease until it appears it is treated

b. Prevention of disease for Muslims is ablution at every event because it is Sunnah on the authority of Muhammad, the Messenger of Allah, and its reward is great, and it has many benefits, including Allah love for him and his entry into heaven, and it is a light sport required to confront Corona

It is well known that Muslims are the first to make soap and clean hands, and the first to make toilets, so we have personal and household hygiene and clothing because it is a belief in one Allah and Muhammad is His Messenger

For non-Muslims, they must wash hands, cleanse their face, clothes, and the house, and exercise lightly

c. Avoid crowding and healthy sleep for eight hours, starting from nine in the evening until five in the morning, and this is what Muslims do to pray, eat fruits and vegetables daily and put a muzzle to protect you and protect others in case you catch a cold or corona

2- Prevention and treatment with herbs:

- a. Drink ginger because it helps to warm the body because corona does not enter a body with high heat and light exercise also helps in that.**
- b. Drinking fluids every hour in the case of corona's disease and in the case of health Drinking fluids to strengthen the immune system and eliminate viruses twice a day or more as desired, such as: lemon, dates, cloves, bitter roe (treats coughs, asthma, kidneys, and stomach, which China used to treat Muhammad Abu Al Namous) Mint with tea and warm water moisturizes the mouth, drinking milk, honey, turmeric, garlic, and cinnamon. Eliminates germs and strengthens the immune system.**

Second: Medication treatment in the case of corona infection after consulting a doctor:

1- A person with corona suffering from bone must use an ointment to treat bone pain

1- The treatment of "chloroquine" (Plaquenil), which is present in Agzakhana and approved by China for the treatment of Mohamed Abu Al Namous and approved by America for the treatment of corona on March 2020

2- Paracetamol to reduce temperature:

Approved by the Minister of Health of France for the treatment of high temperature

3- Another treatment adopted when the disease was discovered in 2012 is:

treatment with interferon alfacon-1 (a synthetic interferon) combined with steroid, protease inhibitors together with ribavirin, or convalescent plasma containing neutralizing antibody, could be useful for the coronavirus symptoms of ease. Prophylaxis with interferon or hyper immune globulin may be considered for unprotected exposure

4- Dosage of loseratin:

Discovered at the University of Minnesota and two trials of losartan have been done - one to measure whether high blood pressure medication reduces the risk of organ failure for COVID-19 patients admitted to hospital.

Commentary:

It is a treatment for high blood pressure and is available in the name of the pharmacies Losartan and there are alternative natural herbs for it which is Origanum Vulgare

And its benefits:

Contains Vitamin K, Vitamin A, Vitamin C, Folic Acid and Vitamin B6, and contains minerals such as calcium, iron and manganese.

Treating high blood pressure, treating a cold, cough, digestive system, strengthening the immune system, diabetes, infections, slimming, menstrual cycle, and treating chest problems, such as asthma, etc. Treating allergic rhinitis. Stimulation of the uterus. It helps to have children and has a method of use for women in case of desire to have children when ovaries are weak;

The best time to drink **Origanum Vulgare** for a woman is from the first day of the cycle to the 15th, and its use stops and then is repeated in the following month until the pregnancy is completed.

Its natural use for men and women:

Eat 1 gram per kg of body weight

I mean, if a man weighs seventy kilograms, it does not exceed seventy grams, but it is generally preferred to take only one tablespoon of **Origanum Vulgare.**

And how to use it:

The amount of a tablespoon of dry and crushed **Origanum Vulgare leaves, and put them in a cup of boiling water for a period ranging between (10-15) minutes, and then drink it as it is without filtering, so that we drink between it (2-3) cups per day. In the event of illness, but in the case of health, it is sufficient for one cup, day after day.**

Warnings:

It is generally cautioned to use it for people with low pressure only after consulting a doctor

There are other warnings:

For those who eat more than one gram per kilogram of human weight or use it over long periods, these warnings are:

For those who suffer from large quantities of **Origanum Vulgare** may slow down clotting, for those who suffer from bleeding disorders.

High intake of oregano may increase the risk of bleeding during and after surgery,

- It helps in pregnancy, but it is dangerous for women after pregnancy and during lactation.

Allergy Some people are allergic to peppermint, basil, and sage, so **Origanum Vulgare** can cause allergies in people who are allergic to these plants.

Third: Nutrition Therapy: Vitamin C is the most important vitamin for treatment of Corona virus:

And to take vitamin C or a substitute in food such as: (orange, lemon, celery, broccoli and spinach), a report of the British Daily Mail newspaper revealed that New York hospitals treat patients with corona virus with high doses of vitamin C after promising results from China, and Dr. Andrew Weberna said that he gave patients in care Immediately concentrate 1500 mg of vitamin C intravenously.

Fourth: Doing light Swedish exercises every morning:

And the Muslim prefers to pray the Sunnah of the obligatory prayers "Fajr, Zuh, Asr, Maghrib and Isha" and the prayer of qiyaam after the evening prayer
And they have to exercise the honorable doctor on breathing

Chapter III

Corona treatment at home

Coronavirus home treatment methods

It is known that there is more than one type of corona virus, so the symptoms differ from one patient to another, and also the medicines differ for treatment. A patient may be suitable for a particular medicine and another for him with another medicine, such as: influenza. You find some patients comfortable with congestal or velosef treatment, and others are treated with a nasal injection, and therefore The names of different drugs to treat Corona have spread, and a difference occurred between the specialists in the medicine treating Corona, and in this chapter I will explain how to treat at home, and the appropriate tools for treatment at home under the supervision of the doctor.

Corona disease stages:

Corona's initial symptoms:

(cough, fever and runny nose), and the body goes through healing stages, according to Chinese reports, from one to two weeks for the body to recover, and if the infection is strong, it may heal from 3 to 6 weeks. () Some doctors said that the symptoms of Corona are two stages. Others said: It is four stages:

The first stage:

the symptoms do not appear completely, and sometimes they appear (coughing or heat with coughing). It is sufficient to isolate the patient for a period of two weeks and give him some anti-viral medicine according to his condition and immunity.

The second stage:

The emergence of mild or moderate symptoms, such as: (such as coughing and fever)

In this case, he is given medicine and antibiotics, provided that the immune system takes over the task of fighting the virus and expelling it.

The third stage:

which is the arrival of the virus to the lung and causes inflammation and (shortness of breath and blue face in the face) and is called the stage of pneumonia, and the treatment of the stage of severe pneumonia, is by giving the patient natural, not synthetic, oxygen because of the danger of industrial oxygen, as an American study proved the death of 90% Of Corona patients on ventilators in New York.

The patient is given a heavy dose of concentrated antibiotics.

The fourth stage:

which is the failure of pulmonary respiration, after the virus was able to penetrate the lungs and cause damage to them,

The patient is placed in the intensive care unit, and given antibiotics, while calculating and measuring the body's natural immune response.

Note:

If you have had trouble breathing on the seventh day, you may be one of the few patients who enter the second stage

It is noted that on day 17: death usually occurs on this day approximately if the patient's condition does not improve, or he regains his health, noting that the mortality rate is currently only 1-2%. Or skip this day and heal, By day 21, you are back to work.

Home remedies are "three stages":

First: do the help of allah:

allah is the Healer, and the Doctor is a cause, and to seek the help of allah: He performs ablution, prays, and talks to him through his book.

1- Ablution and Prayer:

It is scientifically proven that ablution strengthens the immune system, and this is one of the miracles of Muhammad, the Messenger of allah.

2-Remember allah in the early morning and early evening:

And read:

Ayat al-Kursi, Surat al-Mu`wadhatin, Surat al-Ikhlās, and the last two verses of Surat al-Baqarah

A Muslim says important words that protect him:

If he goes out of his home, the Muslim says: In the name of allah, I have trusted in allah, and there is no strength or power except in allah.

Then the angels say to you: Keep evil from you, and may allah protect you from bad and evil, and you are guided to the path of goodness, truth and righteousness

And say: O allah, you are allah, there is no god but you, I trust in you and you are the owner of the great throne. What allah willed it was, and what He did not want was not. Knowing everything, allah, I seek refuge in You from the evil of my soul and from the evil of every animal that you take for granted, for allah is on a straight path))

And after you said this in the morning, no calamity befell you in the morning, and if you said these previous words in the evening, you will not have a calamity in the evening, And this is the words of Muhammad, the Messenger of allah, so that no harm or anything befalls you until you return home

3- And when you enter a house or any place, you say:

I ask you, O allah, with your perfect words from the evil of any creature.

4-In your prayers you say a supplication like the Messenger: “O allah, I seek refuge in You from leprosy, madness, leprosy, and from bad diseases” such as Corona and others.

5- And you give the poor and help him with any money or cup of water in order to heal the patient, as the Messenger said.

* Say: I ask forgiveness of allah a lot: if I die, then allah accepts your forgiveness and you enter Paradise

Second: Home treatment procedures and the tools used:

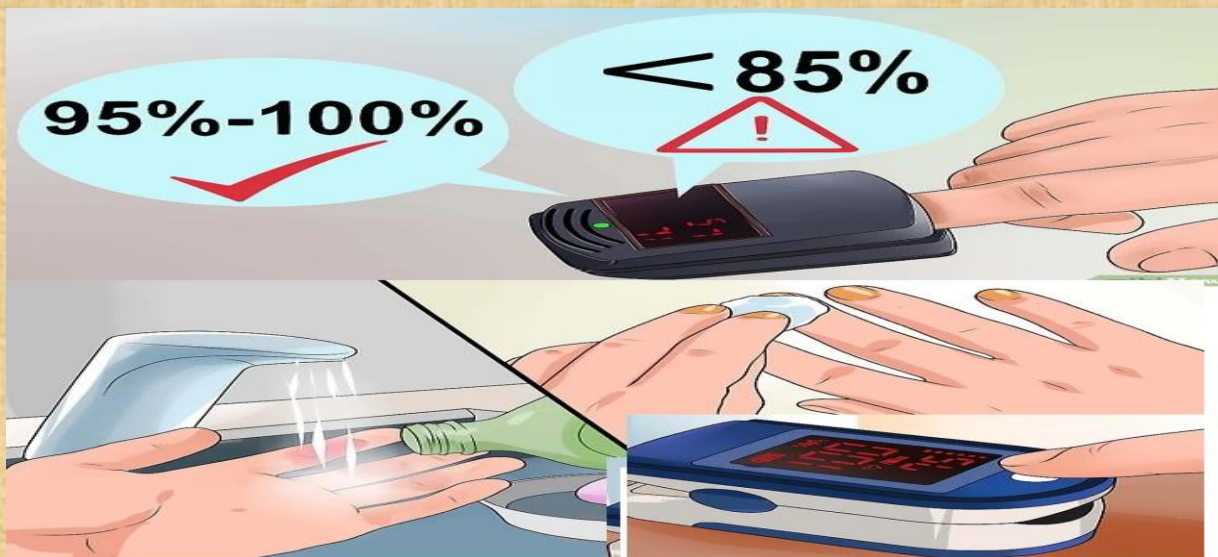
Treatment procedures:

- The patient remains in his room (21) days because he is still carrying the virus, but he exceeds the danger stage after (17) days.
- Wash the patient's clothes away from other people's clothes.
- Having personal tools for the patient to eat in his room
- Having natural ventilation and not using a ceiling fan
- There will be a healthy person who provides food, masks and other supplies. They are placed on the patient's door and knock on the door and move in front of the door before the patient takes them.
- Get rid of garbage such as: the muzzle and tissue paper in a garbage bag, and tie it tightly, and the muzzle is changed daily
- The patient wears a muzzle when entering the communal bathroom, and he washes hands with soap and water for half a minute.
- Keeping a distance of two meters with the patient, wearing two masks, and not touching the patient. And when shortness of breath and blueness in the face, it is preferable to call the hospital hotline "105" or "15335.)

2- Tools and devices used for the patient:

- Respirators, gloves, foam plates, cups and plastic spoons
- Bags and a plastic trash can for the patient outside his room.
- High temperature measuring device: any type in the picture, such as: thermometer.
- * Jumper, Pulse Oxmeter that works with stones, its price is 800 pounds, and there are other more expensive types. Two numbers are presented on the device's plate:

- **The first number: to measure the heart rate:** less than 60 or more than 90, you should see a cardiologist.
- **And the second number:** to measure the oxygen level in the blood: from 95% to 100% normal rate, except that if the oxygen level falls below 85%, this means that Corona's effect on breathing poses a danger.
- * **Before using the "Jumper Pulse Oximeter Digital Blood Oxygen Saturation" device:** The hand must be clean and the nails clean from manicures, and the patient should not have exerted effort such as walking or tense, because this affects the correct reading of the Jumper Pulse



A blood oxygen meter: "Jumper Pulse Oximeter Digital Blood Oxygen Saturation:"

- respiratory system: It is a device Normal breathing
One (2) canister for emergency and another for use. The use of a resuscitator device is cautioned, because (80%) of New York Corona patients who used the resuscitator device died in the end



The picture shows the difference between a natural respirator(respiratory system) and a resuscitator device

The beginning of the doctor is entrusted with adjusting the natural breathing apparatus, because the doctor measures the percentage of oxygen in the blood, looks at the patient's condition and in light of some variables, adjusts the device's regulator and the speed of the patient's oxygen flow, but knowing the operation information of the device is necessary for those who follow the patient's condition

And those who follow the patient's condition must contact the doctor, in emergency cases, to let the doctor specify what to do?

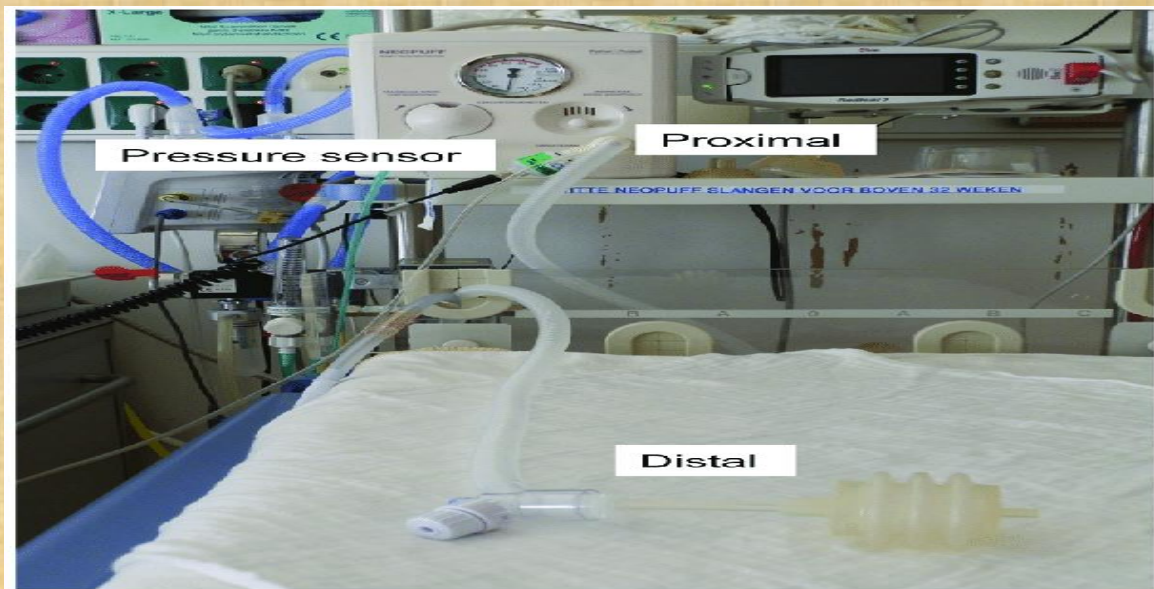
How to operate the resuscitator device :

It works with the pressure of a specified amount of air by the doctor in charge of controlling the percentage of air pressure flowing to the lungs,

The patient's lung condition becomes clear after measuring the percentage of oxygen in the blood with the aforementioned device."

Jumper Pulse Oximeter "

resuscitator device: It is a device that works with electricity and regulates breathing time



"Picture of a T-piece resuscitator device attached to a Neopuff. T-piece resuscitator device with standard tubing attached. Proximal, distal and proximal attachment of the pressure transducer are indicated. doi: 10.1371/journal.pone."

respiratory system(Manual Resuscitator):"It is a device Normal breathing through an oxygen cylinder"

It works with a natural air pressure regulator in the cylinder and does not work with electricity, and a specific time is specified for it or until the cylinder ends and is replaced.



Manual Resuscitator

There are other technical differences in the production of oxygen, "the resuscitator device", and it may be the reason behind the death of Korna patients in New York. Therefore, natural oxygen is preferred.

"Manual Resuscitator"

Third: The doctor and medicine used for home treatment:

Caution: Some doctors' phone numbers must be prepared for their help in treatment and emergencies.

1- Medicines identified by Dr. Ayman Makram and others and a group of doctors, in addition to groups of volunteer doctors from social media, to treat Corona virus patients, such as: Corona Patient Relief Group, which is an Egyptian group in Arabic



The medication specified for treating corona patients at home are:

**** Vitamins, better natural **nutrition**, good **sleep** and **exercise**:

1- natural nutrition:

For those in contact with a Corona patient at home:

Adults take one tablet of "Vitacid C", and one quarter tablet for children, with good sleep and exposure to the sun ten minutes a day. The patient takes "Vitacid C" tablet once a day, and an injection of vitamin B12 oil "Betulvex" intramuscularly every three days for a month, Zinctron, or Vidrop.



The best natural food, so your food is your medicine (such as vegetables / fruits / chicken / no sugars and the foods mentioned above.

Such as:

COVID-19: IMMUNE SYSTEM BOOSTERS			
	Zinc		Vitamin C
Lean meats, seafood, milk, whole grains, beans, seeds, and nuts • Important for wound healing		Broccoli, cantaloupe, kale, oranges, strawberries, tomatoes, guava, and lychee • Protect cells from oxidative stress, a product of infection or chronic inflammation	
	Iron		Vitamin E
Lentils, spinach, tofu, and white beans • Aids in non-specific immunity, the body's first line of defense		Nuts, seeds, wheat germ, green leafy vegetables, avocado, and shrimp • Helps protect cells from oxidative stress	
	Vitamin A		Vitamin B6
Sweet potatoes, carrots, red bell pepper, spinach, black-eye peas, and mango • Helps regulate our immune response		Green vegetables, chickpeas, cold-water fish such as tuna or salmon • Supports more efficient reactions between different parts of our immune system	



Drink herbs such as:

- Seven dates on an empty stomach in the early morning and heal from magic and poison
- **milk** - الحليب = اللبن
- Nigeria Sativa- الحبة السوداء
- Take a tablespoon of honey- عسل النحل
- Sengalia Senegal = لبان الدكر المر = مر بطارخ = الصمغ العربي
- ginger = جنزبيل = حَوار = سکنجبیر بالمغربی = الزنجبیل
- Cinnamomum - قرفة
- Curcuma longa- الکرکم
- One garlic and then cut it in half with a non-metallic **knife** – أخذ فص من الثوم وقطعه نصفين بسكين غير معدنية
- Olive oil for food - الزيتون
- *hibiscus* - الکرکديه
- Caraway – الکرأویة
- Marjoram - البردقوش
- Star anise - الیانسون النجمی
- Frankincense - اللبان المر
- Anise – الینسون
- mint = لنعناع = لیقامة بالمغربی
- Rosemary - اکلیل الجبل = روز ماری
- green tea - الشاي الأخضر
- Cloves- زر = العویدی = القرنفل = مسمار
- Ziziphus spina-christi نبق – سدر- السحر

Note: From No. 1: 10 is very important and I show the types of herbs to the doctor before using them because the types of herbs are not healthy for some people, such as: patients with liver, heart, etc.

2- A good sleep for the patient is eight hours from after 'Isha prayer until dawn, because it is a miracle of the Qur'an, and for non-Muslims at this time.

- The patient sleeps in front of the sun ten minutes a day, until he takes vitamin D, and the best time is (8:10) in the morning

3-Exercising (20) minutes a day, and keeping away from psychological pressure, as stress destroys the immune system and you must be satisfied with the elimination, and make sure that Corona does not die, but it may be a cause of death.

Dr. Makram Exercise: It is an exercise for the patient to help him breathe.

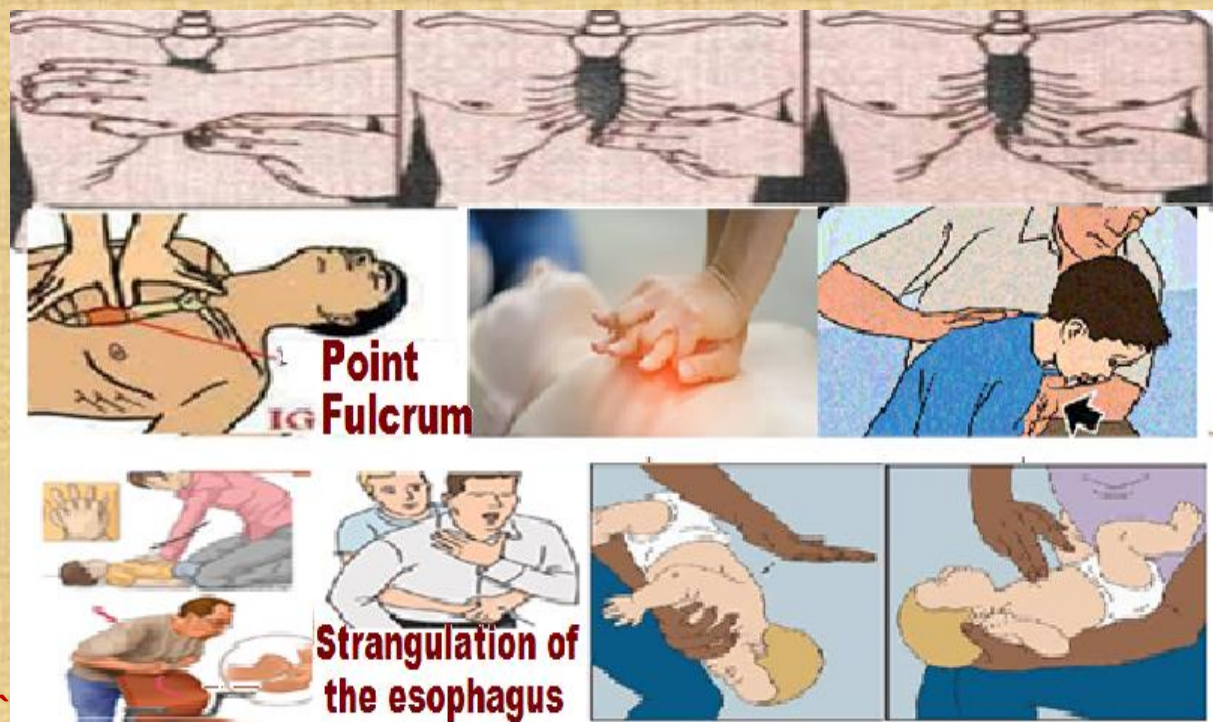
The method of exercise: the patient wears musk, and those in contact with him wear two musk and gloves, And the patient puts a right face away from the person who helps him, as follows:

- The contact person places his hands like a butterfly stretched out on the patient's chest
- The patient takes a high breath (inhale), while he is coming down with the breath (exhalation), the contact is compressed twice until the carbon dioxide trapped in the chest comes out.

When the patient coughs, carbon dioxide is outside the patient's body and oxygen enters.



A picture showing the breathing exercise method for Dr. Makram



The picture shows: Some first aid for shortness of breath

Fourthly: Medicines approved in the treatment of corona: as follows:

It was believed that the virus was sufficient to treat it without antibiotics, but it has been proven that antibiotics are necessary to treat bacteria that come in another stage of the Corona virus, and a protocol has been worked out at the Egyptian Ministry of Health to use antibiotics with treatment.

1- medicine (fever) high temperature:

Fever is the most dangerous thing that afflicts a Corona patient and cares for it, because it may cause a coma.

1- Shower is a prophetic miracle in the treatment of fever:

In a number of hadiths, the Prophet described a medicine to reduce high temperature.

He commanded the use of lukewarm water to extinguish the fire of fever in the patient's body, and the Prophet said: The fever is from Hell, so they cool it with water. " Narrated by Al-Bukhari", And the Prophet forbade cursing fever, because it forgives sins

The Prophet described a medicine for fever a thousand and four hundred years ago, and doctors described it in the twentieth century, as evidence of this.

Because now the doctors strip the patient of his clothes and take a shower.

It is possible to add apple cider vinegar when bathing, as it helps the patient reduce the temperature

The method: put a cup of apple cider vinegar in the bathtub.

Then he put the patient in it for a quarter of an hour, And continue to repeat the bathing process every five minutes with changing the water and vinegar until the body temperature returns to normal.

2-Herbs and foods that reduce heat:

Basil: Basil is one of the most effective herbs that reduce body heat and treat wounds.

The method: Bring a cup of boiling water, then put the basil in the water and mix it with ginger, then drink it 2- Medicines used to treat high fever are: Paracetamol or Panadol, and a tablet of Aspocid is used with it to prevent clots that may cause coma

- **Garlic:** Garlic contains sulfuric compounds that have anti-bacterial, anti-fungal properties and help prevent infection.

- **Egg white:** Egg white is an ancient body temperature remedy, but there is no scientific evidence to support this.

- Boiled dill seed: strengthens immunity, relaxes the body, reduces body temperature,

Method: Boil dill seeds for 10 minutes in water, and you can add a pinch of cinnamon powder and black pepper.

- **Ginger and turmeric:**

Ginger has powerful anti-inflammatory properties.

Method: Add a spoonful of dry ginger, turmeric, and a little black pepper to boiling water, and after it cools down, drink the solution 4 times a day.

-Fenugreek: Helps to control blood sugar, strengthen the immune system, reduce high temperature, and relieve symptoms of viral fever, and you can add lemon and honey to fenugreek drink to increase the potency of the effect.

3- treatment of nose clogged and dyspnea:

- a nose clogged:

First: using the Nasonex spray: anti-inflammatory and anti-allergic rhinitis, or using the Avamys Nasocort spray: to treat runny, congestion, inflammation and stuffy nose, or use the cleansing with water vapor.

The way to do this: Open the hot water tap and let him inhale the steam coming out of it

Second: After cleaning the nose, a "Manual Resuscitator" natural oxygen respirator is put on after adjusting the patient's oxygen level and breathing deeply, and the use of an artificial oxygen device is warned.

the resuscitator device ", because it causes death.

- Treatment of dyspnea:

the airways are widened using a cortisone spray to treat chest allergy and widening the airways, Miramistin, Fluimucil or vapoazol Or inhalation cream such as: snuffle **baby** cream or Apidone Syrup for **children**: 2.5 ml three times a day. For **adults**: 5 ml three times a day.

And taking the antibiotic Zisrocine Capsules to treat bacterial and microbial infections and bronchitis



The picture shows the types of sprays and
Zisrocine and Apidone as treatment

• When depressed:

The one who is treated must read the introduction of the book and inform the patient of his great reward from God, that he will be patient with sickness and good tidings on the day of resurrection, and know his great reward because he is sick and he is the highest paradise.

And there is medication to treat depression.



Note: The doctors disagreed with **cortisone** because it weakens the immunity, and **Panadol** also disagreed with it, although it has been proven to treat some with it

I remind Dr. Makram, a treatment for the second stage of a Corona patient, which is:

Explanation of the indications for using Dr. Makram's treatment for the second stage of Corona:

Epicephin: an injection and the dose is (1) gram once a day (treatment of fever, infections, infection, blood poisoning and bacteria)

Apidone: Syrup taken before bed, treatment of asthma and allergies

Panadol: one tablet every 6 hours. It contains paracetamol only. It is used for headache and fever pain. The maximum dose is 8 tablets per day (the tablet is 500 mg).

Aspocid or rivo: 2 tablets at food, analgesic, reduces fever, and prevention of strokes (coma), or revo: analgesic and prevention of strokes.

Note:

Aspocid is better than Revo because it reduces fever in addition to Revo has serious side effects.

Folic acid: twice a day, it contains vitamin B, treats anemia and improves the normal growth of the body

Monitoring the progression of the patient's disease is very important

The patient's temperature must be measured with a thermometer and the pulse oximeter of the patient's blood is known every quarter of an hour or an hour or more or less

With the seriousness of his disease, because it helps to know the development of the fever and lung condition, which requires taking other measures for treatment and recovery, God willing.

Or go to the hospital to do tests to ensure recovery, and there are two types of tests, one of them cheap and the other expensive, and there are many different laboratories in Egypt, including one at Ain Shams University:

important warning

Beware of using medicines and herbs, without consulting the treating doctor, because some medicines and herbs may harm some patients with other diseases, such as: diabetes, heart, pressure ... etc.

These medicines and herbs have been written for knowledge, understanding and reassurance of people that treatment is available, but God is the healer.

References

First: the Holy Quran

Second: Books of Hadiths of the Prophet

Third: Reviewing some Egyptian doctors specialized in treating Corona, including Dr. Amin Makram, through the phone and WhatsApp, and he provided us with a lot of information and we thank him for that.

And reviewing some Corona patients who have recovered and have recovered their health.

And review of specialists in medical devices, especially ventilators, and other scholars.

Fourth: Books: Treatment with prophetic medicine and herbs - and books on the Qur'an and Prophet's miracles (in sections: Hygiene and treatment of fever and bad sickness)

Social media, and websites, Arabic and English, **for example, not all of them:**

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These are some, but not all, references

**Praise be to Allah, Lord of the worlds. And prayers and
peace be upon the most honorable messengers.**

With my best wishes for good health

A speedy recovery for the patient

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Book summary

Illness or disease is an abnormal effect on the human body or mind that causes discomfort or weakness in the physical and mental functions, or exhaustion for the affected person with some psychological harm, and diseases are different types of them, infectious diseases, which cause disturbances due to small organisms such as bacteria Or, viruses such as Corona virus, which is a living organism, has caused widespread infection in various countries of the world, and the disease may appear with mild symptoms such as laryngitis, Or severe and difficult symptoms, such as fever or inflammation of the head membranes and difficulty breathing, and the virus lives in or on our bodies, and it is known that each disease has a drug and then healing.

The Prophet Muhammad proved that, and I will translate one of the meanings of his words. The words of the Prophet Muhammad contain many beautiful meanings, and no person can translate his words because his words in Arabic are miraculous.

The Prophet Muhammad said--:

((Indeed, God did not bring down a disease unless He revealed a medicine for him, healing, and then recovery. Some people know the drug and some do not know it.))

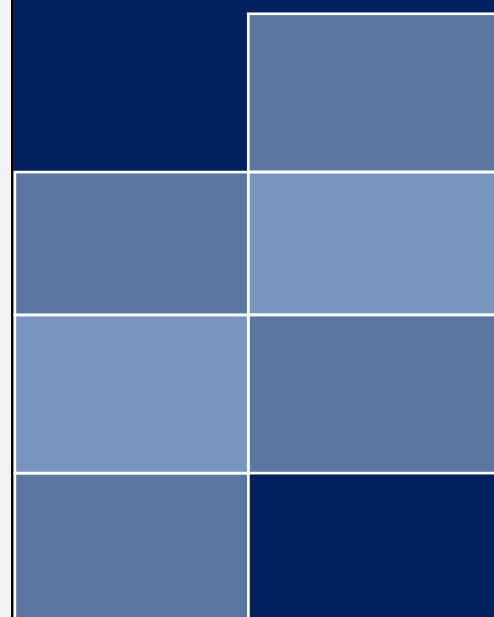
In this book, we show: the definition of Corona disease, its signs, and its special symptoms, methods of prevention, and the five methods of treatment, which are:

(1) Treating the human soul with prophetic medicine and fortification with specific words from the Prophet Muhammad. (2) Treat with food. (3) herbal medicine . (4)Drug treatment. (5) Treatment with light exercise and some exercises designed to treat Corona.

* In addition to how to treat Corona at home, and other important topics, people are reassured of their fear and panic from Corona disease, which has no reason other than fear of death, for not preparing to meet God, for a heart disease

The author:

- * Master degree from the American University.
- * Master degree from the Higher Institute.
- * Postgraduate studies
- *Literary and scientific studies (courses - specialized and professional studies) in various fields.
- * Worked in many fields, most recently teaching and education
- * Currently working in academic preparation and scientific literary assistance, for postgraduate students, in writing master's "MA" and doctoral " PhD "theses in literary and scientific specialties.



About the book :

*In this book a curative dose, for any disease , Fixed and supported by the Qur'an, and another curative dose for any disease that is fixed and supported by the Prophet's Sunnah" Muhammad the Messenger of Allah "